



ANCIENT ORDER
OF
HIBERNIANS
IN AMERICA

FEBRUARY 2011

*News for AOH
Fr. Con C. Woulfe Division 1
Ulster County*

P.O. Box 2026
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NEXT MEETING
SECOND TUESDAY
FEBRUARY 8, 2011
7:30 PM
WHITE EAGLE HALL

OKAY SO WE ARE CHANGING IT UP
A BUT THIS YEAR OUR ANNUAL
DINNIE MEETING, APTLY
ORGANIZED BY LARRY THORTON
WILL BE OUR MARCH 8 MEETING.
PLAN TO ATTEND. REMEMBER
THIS IS JUST BEFORE OUR BIG
PARADE AND IS SHAPING UP TO BE
A FUN FILLED MEETING YOU CAN
TELL YOUR GRANDKIDS ABOUT!!

Place to be announced.
Mark your calendars!!!



GRAND MARSHAL'S NIGHT
FEBRUARY 11, 2011
7:00 PM

Congratulations to Vincent Voerg
Grand Marshal
2011 St. Patrick's Parade

Congratulations to Kathleen Carev Mihm
Mavor of the Day
2011 St. Patrick's Parade

Congratulations to Reaghan Máire Riley
Irish Princess
2011 St. Patrick's Parade
(Pronounced REE-gan MAWR-uh)

Reaghan was born in Denison, TX 9th August 1998. Her parents are Gregory James Riley (member Ulster Co. AOH, head of Ulster Co. JAOH) and Melissa

Marie Riley (Ulster Co. LAOH member.) Reaghan is the second of four children: her brothers are Kieran (2010 Bearer of St. Patrick) and Quillan and her sister is Gannon. Both brothers are in the JAOH and Reaghan looks forward to joining a Junior LAOH with her sister sometime soon. Reaghan has lived in Kingston, NY for the past 6 ½ years. Reaghan first attended St. Joseph School and now attends Bailey Middle School, where she is a seventh-grade honor student. She is enrolled in St. Mary's Religious Ed. Program.

Reaghan has been involved in several community service projects in the Kingston area through her parents' involvement in the AOH and Kiwanis Club and LAOH and Junior League of Kingston respectively. Reaghan is always one to pitch in and help where it is needed with a smile on her face.

Reaghan has Irish heritage on both sides of her family. Both parents' have grandparents who sailed from Ireland to settle in America in the early part of last century. Her father has relatives from County Cavan and County Antrim. Reaghan's mother has relatives still in County Cork, County Donegal, and County Kerry. When Reaghan was 8, she visited Ireland with her parents, brothers and sister and the experience is vivid in her mind to this day. It is her hope to return for another visit soon. Reaghan would like to thank both the AOH and LAOH for being chosen Irish Princess and looks forward to participating in all the festivities!

Congratulations to Mickey Geary Hein
Bearer of St. Patrick
2011 St. Patrick's Parade

Born four months premature at St. Peter's Hospital in Albany, weighing only a pound and a half, Mickey has been blessed with the luck of the Irish from the start. He lives in Hurley with his parents, Michael (Ulster County Executive) and Christine Hein (Ulster Co. LAOH member). Mickey is a 6th grade honor roll student at Kingston Catholic School. He is involved in the Chess Club, School Newspaper, Technology Club and their up-coming play "The King and I". As a parishioner of St. Mary's Church, he is an alter server and sings in the Sunday Choir. Mickey is currently the President of the Ulster County Junior AOH. He is also a student at the New York Conservatory for the Arts, plays the piano and guitar. Mickey's volunteerism throughout the community started in 2004 when he was the Mid-Hudson Valley Ambassador for March of Dimes and continues today with time spent at toy drives, soup kitchens, fund raising breakfasts and charity races. Mickey's Irish heritage comes from his mother's lineage. Both of his maternal grandparents have ancestry from Ireland. His grandmother, Rita Geary Schabot (LAOH member), is part of the Kingston Geary Clan whose family comes from County Cork. His grandfather's (Ray Schabot) maternal grandmother, Margaret Roach, hailed from North Adams, Massachusetts. Her family immigrated from County Kerry and County Tipperary. His aunt, Agnes Geary Brown, and cousins, Betsy Geary

and Carol Geary are members of the LAOH. Mickey is thrilled to be part of the Irish community in Ulster County and honored to be part of the 2011 St. Patrick's Day Parade in which two of his cousin's (Mark and Paul Geary, AOH members) have been Grand Marshal.



ST. PATRICK'S DAY
ST. PATRICK'S PARADE
KINGSTON, NY
MARCH 13, 2011

John Kelly, Larry Dunne, Kathleen Houghtaling along with a great group of hard working AOH and LAOH members are busy planning our St. Patrick's Parade; they announced that the planning meetings will be at the White Eagle Hall on Thursdays. Please contact John or Larry for more information

ST. PATRICK'S DAY
KINGSTON, NY
MARCH 17, 2011
Schedule

9:00 AM Mass St Mary's Church
10:00 AM Mayor of the Day
Ceremonies
12:30 PM Frank Guido's Little Italy,
Mayor of the Day Luncheon



Welcome: Kenneth McAvoy of St Joseph's Parish of New Paltz. Ken is a territory Manager for Ecolab. He hails from the O'Malley clan. Slainte, Ken and welcome to the UC AOH.

Keep searching out those Irish sons that qualify for membership. We need all the help we can get.



IN MEMORIAM
ROY GONYEA

Please remember in your prayers our member Brother Roy Gonyea a local insurance company owner and brother Hibernian.

Please keep in your prayers his wife Helen "Sis" Gonyea. Three sons; Christopher Gonyea of Kingston, Timothy Gonyea of Shandaken, and Michael Gonyea of New Paltz; one daughter Suzanne Delehant and her husband David of Kingston; his beloved grandson James Delehant; his brothers, David Brews of Latham and Henry Brews of Florida. Funeral arrangements and services are under the direction of the Joseph V. Leahy Funeral Home, Inc. 27 Smith Avenue, Bernie Gray, Funeral Director. (www.jvelahyfh.com).

In lieu of flowers, expressions of sympathy may be made in the form of contributions to the Ulster Greene ARC. May perpetual light shine upon him and may he rest in peace.



At our January Meeting we heard from Tom Kelly about the activities of the CYO here in Ulster County. Tom is the Ulster and Sullivan CYO director. We started the year off right by donating \$2,000.00 to the CYO for equipment to help in their ongoing efforts to help the youth of our community. This money was raised from our sale of calendars, so please buy a calendar this year and help us continue to support the Ulster County community.



THE ULSTER AOH
FEED THE HUNGRY PROJECT

Chairman Bud Halligan reports that the AOH \$10,000.00 donation to the Food Bank of the Hudson Valley has been made. These funds will benefit 29 Food Bank Hudson Valley Member Programs located through out Ulster County. Once again, thank you for supporting the less fortunate of us here in our own area. Remember that for every dollar we donate, the Food Bank of Ulster County

can distribute \$10.00 worth of supplies and food to the local pantries and kitchens due to their buying agreements and purchasing powers. Thank you again from the Feed the Hungry Committee. This is what this organization is all about. This year we are able to help the following programs:
Calvary Chapel FP
Caring Hands Soup Kitchen
Catholic Charities FP
Daily Bread SK
Ellenville United Methodist FP
Family of Ellenville FP
Family of New Paltz FP
Family of Woodstock FP
Family Shelter
God Given Bread FP
Good Neighbor FP
Happy to Help FP
Heart Street FP
Helping Hands FP
Helping Hands of New York FP
Loaves and Fishes FP
New Day Tabernacle FP
People's Place FP
Pine Bush Ecumenical FP
Queen's Galley SP
Rondout Valley FP
Salvation Army FP
Saugerties Area Council of Churches
Shiloh Baptist Church SK
St John the Evangelist FP
St Joseph's Church FP
St Mary's rectory FP
St Vincent DePaul/St. James FP
Ulster CAP, Ellenville FP



DUES-----DUES

MEMBERSHIP CARDS FOR 2011
HAVE ARRIVED.
Dues are \$25.00.
Send your 2011 dues and any other
prior years to:
UCAOH Div 1
PO Box 2026
Kingston, NY 12402
Bill Glennon, Secretary



NEW ULSTER COUNTY DIV 1
&
CELTIC CONNECTIONS
DIVISION 1 AOH
FACEBOOK PAGES

Mike Hertle
Gerry McCluskey

We are happy to announce that we have launched new Facebook pages for the Ulster County AOH and the Celtic Connection Business to Business Group of the UC AOH. The first, being put together by Secretary Mike Hertle, will cover all of the activities of Ulster County. If any of you are on Facebook, Mike has set up a fan/organization page for you to link up to:

<http://www.facebook.com/pages/Ulster-County-NY-Ancient-Order-of-Hibernians/173926269316224>

Also, if you wish to join the AOH Group Page, Mike will need you to add him to your friends list.

The second page is being designed and launched by Gerry McCluskey and will specifically cover the Celtic Connections Business to Business Group of the AOH and all of their activities.

So be on the lookout and join us as friends—don't forget that there is already a Facebook page that covers the activities of the UC Pipes, Drums and Honor Guard. Check it out.

This is a great way for current and past members and friends to keep in touch and share their own life events as they may wish.

With the coming of age of email, texting, smart phones, and social networking etc., anyone of our members can now connect online with another quickly and easily.

Additionally, the page will allow us to network with other divisions around the country to share what works, and what doesn't work, in accomplishing our mission as an organization.

See you there!



FROM THE HISTORIAN'S CORNER

Contributing Reporter Steve Lowry
Lament for Thomas Ashe

In the early 1980's, while painting my kitchen, I was listening to my favorite Irish radio show. The host introduced

the next selection. He said, "This is from the cassette: The Green Crow Caws; a poem from Sean O Casey with Seamus Ennis on Uilleann pipes. It's called: The Lament for Tomas Ashe."

It started with the soulful introduction by the legendary Uilleann piper Seamus Ennis. The poem started; "Oppression of the bloody hands.

You cannot put a rope around the neck of an idea. You cannot put an idea against a barrack square wall and riddle it with bullets.

You cannot confine it in a prison cell that your slaves could ever build."

I froze, stopped painting and listened. Eventually, I found a copy and it's always included in my best mix tapes.

After listening to thousands of Irish/Gaelic/Celtic songs, this is still the strongest; most powerful creation of our artists'. This encapsulates our collective genius, in my opinion.

In my house, a picture hangs in my living room of Tomas Ashe in Kilt and holding a set of Pipes over his shoulder. Every day I look at it and reflect on how much more needs to be done to finish the task that Tomas Ashe and his brave selfless compatriots started.

Thomas Ashe was born in County Kerry in the late 1800's. He was a handsome charismatic, athletic patriot; the best that Ireland has ever produced. As a young man, he joined the Gaelic League and taught Irish. He was a schoolteacher and gifted athlete. He joined the Armed Resistance to English occupation. During the 1916 Uprising, he was a Battalion Chief that inflicted heavy casualties on English troops in Dublin. After the Rising; he was arrested and sentenced to death. Post-Rising, he was released.

The English authorities thought the Irish were intimidated, tamed and defeated. Ashe immediately returned to Active Service. In prison he wrote a powerful poem; Let Me Carry Your Cross For Ireland. He was soon re-arrested. In 1917, he went on hunger strike to achieve political status for Irish prisoners. He was brutally force-fed causing a ruptured stomach and lungs. Sensing that he was broken, they released him out of prison. He died a few days later at 32 years of age. At his funeral 30000 people marched. Michael Collins gave the oration at the gravesite.

Tomas Ashe was the first Irish freedom fighter to die on hunger strike. Many more have followed.

Gregory Peck's grandmother was a close relative of Tomas Ashe. In Gregory Peck's house in Beverly Hills California a picture of Tomas Ashe is displayed proudly.

I strongly suggest that everyone go to YouTube on the internet and watch video of Tomas Ashe's funeral.

Slan leat
Stiofan



AOH JUNIOR DIVISION

Mickey Hein President - Greg Riley, Advisor

At the January meeting Sam Feeny was elected Vice President for 2011. The boys decided to conduct another Applebee's Pancake Breakfast and will be announcing a date shortly.

The JAOH will help and serve a luncheon at Queens Galley again. President Mickey Hein will contact Diane Redder, of the Queens Galley to schedule a date.

The JAOH is planning a trip to learn about Irish heritage. Other ideas that they are considering is a fund raiser walk, possibly the Walk for Juvenile Diabetes.

All boys were requested to come to the Grand Marshal night on Feb 11th. Mickey Hein was recognized as the Bearer of St Patrick for the 2011 St Patrick's Parade.



PIPE BAND NEWS

We are starting the year with a bang! Our Musical Director Scott Benson has us practicing diligently. We are getting prepared for Grand Marshal's Night and our parade. Keep in touch through the website and you can see our full schedule at the Pipes and Drums, Honor Guard page on our website www.ulsteraoh.com. If you would like to participate in the Band by playing the Pipes, Drums or as part of the Honor Guard you are welcome. Call for information about the band or if you want to learn how to play the pipes or drums. Please contact Jim Carey or Robin Carey at 338-6622 or any member of the band and be ready to have some hard work fun and laughs.



THE IRISH SHOW

Ken Brett & Bill Yosh host the Irish Show on WKNY 1490 on the AM dial. 8:06AM every Sunday. The Irish Show is sponsored by the Division 1 AOH. Ken and Bill offer the best Irish music, dedications for birthdays, anniversaries; proverbs and jokes along with news about Irish functions around the area. www.ulsteraoh.com --- www.1490wknny.com



AOH "LUCKY THREE" IRISH CALENDAR WINNERS

Our new format calendars will be mailed to each of us. They were also distributed during monthly meetings of the AOH and LAOH. Please buy as many as you can as this contributes to the many activities and contributions that we are able to make each year.

The Calendar Committee has significantly reduced the cost of the calendar printing this year. Calendars will be available for sale through March 17th. As we have done in the past anyone who purchases a calendar by the 17th will receive credit for any wins they may have from January 1st. So sell sell sell!!! Please remember these sponsors that have consistently supported the calendar throughout the years with your continued business.
Leahy Funeral Home
Cook, Netter, Cloonan, Kurtz & Murphy, P.C.
James Cone, DVM
Arace Electronics
Independent Financial Services-Kevin & Brian Ginty
Well Fargo Advisors -Steve Wood
Cary Construction-Robert Carey Company, Inc.
Frank Carey Plumbing & Heating
Gary Noble Electrical Contractor
Governor Clinton Cleaners & Tailors
Van Loan's Beverage Center
Ryan & Ryan Insurance Brokers, Inc.
James Noble Jr. - Plumbing & Heating Contractor



CELTIC CONNECTIONS

Jim Kelley Smith
www.CelticConnections.org

Celtic Connections Networking Group (www.CelticConnections.org) We encourage all members to bring a business card so we can list you or your business in our Celtic Connections online Business Directory. We encourage all members to network and help other members grow their business. If you want to be a guest speaker, or share about your business/organization, or have some friends that would like to share info about their Business, PLEASE contact us at Irish@CelticConnections.org. We are open to listening to any and all suggestions to make our IRISH Networking group grow.



SHAMROCK RUN / WALK - 2011

Jim Kelley Smith

Team Ireland is once again proud to direct the 23rd Shamrock Run / Walk with assistance from the AOH. The race will lead off the Kingston St. Patrick's Parade, on Sunday March 13th. The 2 mile Flat, Fast and First Class Run / Walk starts at Academy Green, Kingston, 12:50pm sharp, and finishes at the foot of Broadway. The Beneficiary of this years run is our local Ulster County - CYO - Catholic Charities. Team Ireland is PROUD to partner with the Ulster County CYO - Catholic Charities program. It is the Goal of the IRISH Running Team to finally break 4000 Runners/Walkers. Applications will be available SOON - at Local Fitness Clubs, Churches, and Schools etc... We will also have a downloadable Application uploaded soon to the AOH Website www.ulsteraoh.com and the TEAM Ireland website www.shamrockrunners.org soon, as well as other Websites. Team Ireland is thankful to the many dedicated runners/walkers, and groups that have helped make this FUN event grow throughout the years, as well as our AOH / LAOH for their continued support.



UPCOMING EVENTS

FATHER COEN CELTIC MUSIC SESSION

For a schedule of future Celtic sessions, go online to www.therhinecliff.com.

GRAND MARSHAL'S NIGHT WHITE EAGLE HALL FEBRUARY 11, 2011 7:00 PM

ST. PATRICK'S DAY PARADE KINGSTON, NY MARCH 13, 2011 Step off at 1:00PM

ST. PATRICK'S DAY KINGSTON, NY MARCH 17, 2011 Schedule

9:00 AM Mass St Mary's Church
10:00 AM Mayor of the Day Ceremonies
12:30 PM Frank Guido's Little Italy, Mayor of the Day Luncheon

HOOLEY ON THE HUDSON™ SEPTEMBER 4, 2011 11:50AM TO 9:00PM



GUINNESS IS GOOD FOR YOU, SAY MEDICAL EXPERTS CUTS CHOLESTEROL AND ACTS LIKE ASPIRIN THEY SAY

BY DAVID DOLAN,
IRISHCENTRAL.COM STAFF WRITER

"The old advertising slogan 'Guinness is good for you' is actually true. While Diageo, the manufacturer, makes no health claims for the product, scientific research shows a pint of Guinness a day is actually good for your health. Indeed it may work as well as a low dose of aspirin to prevent heart attacks. Researchers at the University of Wisconsin made the discovery recently. The Wisconsin scientists gave Guinness to dogs who had narrowed arteries. They found the Guinness

worked as well as aspirin in preventing clots forming.

The researchers told a convention of the American Heart Association in Orlando, Florida, that a pint of Guinness taken at meal time had the best impact.

They believe that antioxidant compounds in the Guinness are responsible for the health benefits because they decrease harmful cholesterol gathering on the artery walls."

We've had the answer all along!! So enjoy a bit of the dark for your health!!

LAOH DIVISION 5 NEWS

Kim-Denise Barnett

Next Meeting:
Tuesday February 8, 2011
at 7:00 pm American
Legion, Broadway
Kingston, NY

Our meeting started off on the right foot with an induction of a new member-- Amanda Bruck-Little. Welcome to the LAOH!! Jean Steuding passed around an email list and asked us to check for any changes. Jean will have an updated email list at our next meeting.

Did you get an LAOH shirt and/or fleece? Many ladies were wearing the green fleece last meeting and looked grand. If you'd like one, call Grace Rodriguez at 331-1897 and order one. Fleece will cost \$28, \$30 for size XXL. Shirts will cost \$18, \$20 for size XXL. Don't wait-- We can make a second order if we have enough people interested.

Beth Hanigan is working on the LAOH cookbook and can use some proofreaders. Get in touch with Beth at 845-417-4634, or bahanigan@aol.com, if you'd like to help out. Kathleen Houghtaling is coordinating the Grand Marshal's Night at the White Eagle Hall on Friday February 11 at 7 pm. Set up is at 6 pm, and we need ladies to bring finger foods like Irish Soda bread, cake, cookies, veggies, cheese crackers, etc. The Parade committee is selling ads.

Pricing is as follows: full page-\$225, half page-\$125, quarter page-\$75, eighth page-\$35. Don't have a lot of extra cash? Don't despair; you can take out a Patron or Memorial ad for just \$10. Ads need to be in by 2/25 and forms can be found at <http://ulsteraoh.com/> on the website.

Congratulations to Vincent Voerg - Grand Marshal, Kathleen Carey-Mihm - Mayor of the Day, Reagan Riley - Irish Princess, and Mickey Hein - Bearer of St. Patrick for the 2011 St. Patrick's Parade!! The St. Patrick's Parade is Sunday March 13 and steps off at 1 pm. The LAOH is asked to wear the green LAOH fleece jacket or an ivory Irish sweater with dark pants. If you don't have a green LAOH tam for the top of your bonnie head, see Kathleen Houghtaling at our next meeting to get one. The LAOH hosts the luncheon for the Mayor of the Day, who is our own Kathleen Carey-Mihm. It will be at Frank Guido's Little Italy on 3/17. More details to come at the next meeting.

As you may know, Catholic Charities experienced extensive water and smoke damages due to the fire at the former St. Peter's building. At our next meeting, Mr. Kelly from Catholic Charities will join us to tell us what they need, and how we can help. Remember Jesus calls us to do Corporal Works of Mercy for each other. There's still time to get your pocket sized AOH lottery calendar. Its \$25 and worth every bit. Each LAOH member is encouraged to get a Degree. Degree ceremonies will be offered at the State LAOH convention in Rockland County July 13-16. The State Board meeting will be in East Durham on 4/30. LAOH officers will go, and any LAOH member can join them.

Did you know that our membership increased from 86 to 105? Wow!!! That means there's more of you to come to our meetings. I know things can be busy, however, where else can you find a group of women willing to help the community, spend time visiting the sick, plan fun events, support each other, and learn about their Irish heritage? Come find out Tuesday 2/8/11 at 7:00 pm. Please keep our

homebound members in your prayers, as well as those who are sick. It may be cold and icy outside as I write this, but I then I think of the warmth of being with the LAOH and I smile.



INTERNET NEWSLETTER

We continue to build our emailing list. Several addresses come in each month. However, we are still mailing about 300 newsletters each month. We need to reduce this as much as possible. Please email you address to filterpres@aol.com and put AOH Newsletter in the subject line. This saves us money and allows us to do more for our community. ***Remember send your email address to filterpres@aol.com and make sure you put AOH Newsletter in the subject line.*** Thank you

Please email events@ulsteraoh.com and put AOH Newsletter in the subject. The newsletter is also posted on our website for your reading pleasure. www.ulsteraoh.com



ANCIENT ORDER
OF
HIBERNIANS
IN AMERICA

NON PROFIT ORGANIZATION
U.S POSTAGE

PAID

KINGSTON, NEW YORK
PERMIT NO. 317

**P.O. Box 2026
Kingston, NY 12402**

ST. PATRICK'S PARADE
KINGSTON, NY
MARCH 13, 2011

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Hibernian Motto:
Friendship, Unity and Christian Charity
Cairdis, agus Aontacht Chríostaí Carthanais

Keep the Faith

